

# SIMPLY VEG

Struggling to get your kids to eat vegetables?  
Worried by the increasing cost of food?



Simply Veg is packed full of tips, hacks, advice  
and giveaways to make it as easy as possible for  
you to serve affordable veg-packed meals that  
your family will love

**100% FREE 100% SIMPLE**



[simplyveg.org.uk](https://simplyveg.org.uk)